



## Bob McNamara Paddler Training Camp Tampa, FL | April 15-19, 2019

### Week Long Program

SHORT PROGRAM							
	7:00 AM - 7:45AM	8:00 AM - 9:30AM	9:30 - 11:00 AM	11:00 AM - 1:00 PM	1:00 PM - 2:00 PM	2:00 PM - 3:30 PM	3:30 - 5:00 PM
<b>Monday April 15</b>	Hotel Breakfast (7am-11am)	ON WATER Group 1	ON WATER Group 2	OFF	Video Review Group 1	ON WATER Group 1	ON WATER Group 2
<b>Tuesday April 16</b>	Hotel Breakfast (7am-11am)	ON WATER Group 1	ON WATER Group 2	OFF	Video Review Group 2	ON WATER Group 1	ON WATER Group 2
<b>Wednesday April 17</b>	Hotel Breakfast (7am-11am)	ON WATER Group 1	ON WATER Group 2	OFF	Video Review Short Camp	ON WATER Group 1	ON WATER Group 2
<b>Thursday April 18</b>	Hotel Breakfast (7am-11am)	ON WATER Group 1	ON WATER Group 2	OFF	OFF	ON WATER Group 1	ON WATER Group 2
<b>Friday April 19</b>	Hotel Breakfast (7am-11am)	ON WATER Group 1	ON WATER Group 2	OFF	OFF	ON WATER Group 1	ON WATER Group 2

**NOTES:**

Please be punctual, ready to leave the dock at start time of session indicated.